

WEEK 3 | FAVOR WITH GOD | EPHESIANS 4:1-16

Inspection – “What does it say?”

What are five identifying marks of a worthy life? (verses 2-3)

What has Christ given to us? (verse 7)

What five gifts are mentioned that are needed to prepare God’s people? (verse 11)

What guards us from being tossed around by every wind of teaching? (verse 13)

What ingredient is needed for the body be built up and to grow? (verse 16)

Observation – “What does it mean?”

What does it mean in verse 2 to bear with one another in love?

The word “one” is used seven times in verses 4-6. Explain each of these?

Read verse 11. What is the common denominator of each of the gifts?

Read verse 16. What is the “work” of the body of Christ?

What role does prayer have in the unity of the body of Christ?

Life Application – “What does it mean for me?”

Consider what it means for you to be a “prisoner for the Lord” as seen in verse 1.

Spend time understanding the “ascend” and “descend” reference in verse 9.

Actively spend time creating unity within the body of Christ.

Discover God’s purpose in your life by taking the test at freeshapetest.com.

Eliminate anything that is part of being an “infant” in your spiritual growth.

Meditation – “What does God say?”

Hebrews 5:14

1 Corinthians 14:20

Colossians 1:28

Romans 1:17

Colossians 2:6-7

Jude 1:20

2 Timothy 4:7

1 Corinthians 14:20

Supplication: What Can We Meditate?

The Wife of Noble Character

A wife of noble character who can find? She is worth far more than rubies.

Her husband has full confidence in her and lacks nothing of value.

She brings him good, not harm, all the days of her life.

She selects wool and flax and works with eager hands.

She is like the merchant ships, bringing her food from afar.

She gets up while it is still night;

She provides food for her family and portions for her female servants.

She considers a field and buys it; out of her earnings she plants a vineyard.

She sets about her work vigorously; her arms are strong for her tasks.

She sees that her trading is profitable, and her lamp does not go out at night.

In her hand she holds the distaff and grasps the spindle with her fingers.

She opens her arms to the poor and extends her hands to the needy.

When it snows, she has no fear for her household; for all of them are clothed in scarlet.

She makes coverings for her bed; she is clothed in fine linen and purple.

Her husband is respected at the city gate,

Where he takes his seat among the elders of the land.

She makes linen garments and sells them, and supplies the merchants with sashes.

She is clothed with strength and dignity; she can laugh at the days to come.

She speaks with wisdom, and faithful instruction is on her tongue.

She watches over the affairs of her household and does not eat the bread of idleness.

Her children arise and call her blessed; her husband also, and he praises her:

“Many women do noble things, but you surpass them all.”

Charm is deceptive, and beauty is fleeting;

But a woman who fears the Lord is to be praised.

Honor her for all that her hands have done,

And let her works bring her praise at the city gate.

Proverbs 31:10-31