

## WEEK 2 | STATURE | JAMES 1:19-27

### Inspection – “What does it say?”

What should we be quick and slow to do as followers of Jesus? (verse 19)

What two things should we remove from our lives? (verse 22)

What is equally important to hearing the Word? (verse 23)

What wild animal do we need to keep a tight rein on in life? (verse 26)

What things make a pure and faultless religion in the eyes of God? (verse 27)

### Observation – “What does it mean?”

What is the difference between human anger and righteous anger in verse 20?

In what ways does the Word of God become planted in our lives? (verse 21)

What are some of the spiritual mirrors that we have available today? (verse 23)

What is the perfect law that gives freedom? (verse 25)

How does one keep unpolluted by the world? (verse 27)

### Life Application – “What does it mean for me?”

Spend the day intentionally not speaking and focus on listening to God.

Make a list of things that make you angry and pray daily that God will give you peace.

Intentionally remove some form of moral filth or evil from your life.

Double your time in the Word this week as a mirror for your soul.

Determine how you can “look after” an orphan or widow.

### Meditation – “What does God say?”

Matthew 13:31-32

Ephesians 4:15-16

2 Peter 3:18

Hebrews 5:12-14

Hebrews 6:1

Philippians 1:9

2 Corinthians 13:5-7

1 Peter 2:1-3

# Supplication: What Can We Meditate?

## A Psalm of David

- <sup>1</sup> Lord, hear my prayer, listen to my cry for mercy;  
In Your faithfulness and righteousness come to my relief.
- <sup>2</sup> Do not bring your servant into judgment, for no one living is righteous before You.
- <sup>3</sup> The enemy pursues me, he crushes me to the ground;  
He makes me dwell in the darkness like those long dead.
- <sup>4</sup> So my spirit grows faint within me; my heart within me is dismayed.
- <sup>5</sup> I remember the days of long ago; I meditate on all Your works  
And consider what Your hands have done.
- <sup>6</sup> I spread out my hands to You; I thirst for You like a parched land.
- <sup>7</sup> Answer me quickly, Lord; my spirit fails.  
Do not hide Your face from me or I will be like those who go down to the pit.
- <sup>8</sup> Let the morning bring me word of Your unfailing love, for I have put my trust in You.  
Show me the way I should go, for to You I entrust my life.
- <sup>9</sup> Rescue me from my enemies, Lord, for I hide myself in You.
- <sup>10</sup> Teach me to do Your will, for You are my God;  
May Your good Spirit lead me on level ground.
- <sup>11</sup> For Your name's sake, Lord, preserve my life;  
In Your righteousness, bring me out of trouble.
- <sup>12</sup> In Your unfailing love, silence my enemies; destroy all my foes,  
for I am Your servant.

## Psalm 143