

WEEK 2 | JESUS HEALS ON THE SABBATH | MARK 3:1-6

Inspection – “What does it say?”

Why were the Pharisees watching Jesus as He entered the synagogue?

What did Jesus ask the man with the shriveled hand to do in verse 3?

What two questions did Jesus ask in verse 4? What are the answers to these questions?

What caused Jesus to be angry and deeply distressed in verse 5?

According to verse 6, with whom did the Pharisees begin to plot to kill Jesus?

Why is this odd?

Observation – “What does it mean?”

For what reason did the Pharisees plot to kill Jesus?

How should understanding that God knows what we are thinking change our thoughts and actions?

How is obedience tied to healing of the man with the shriveled hand?

Has public opinion ever caused you not to do something that should have been done?

What is there about a legalistic spirit and a critical attitude that seem to go together?

Life Application – “What does it mean for me?”

Guard against being critical toward those who do good.

Look each day for those who are struggling and offer a strong hand.

Consider asking more questions and making less accusations.

Make a list of those things that make you angry and bring them to God in prayer.

Consider the importance of Sabbath and how you make Sabbath part of your walk with God.

Meditation – “What does God say?”

Proverbs 3:27-28

Ecclesiastes 9:10

Matthew 5:14-16

Matthew 25:40

2 Corinthians 5:10

Galatians 6:9-10

Ephesians 2:10

Colossians 3:23-24

Supplication: What Can We Meditate?

Prayer for healing of the handicapped

Father, we come before You boldly and confidently, knowing You are not a man that You should lie and that You watch over Your Word to perform it. Therefore, Father, we bring before You those who are called disabled and ill—mentally, physically, and spiritually.

We know, Father, that Satan, the god of this world, comes against Your handiwork. We know that You are the God of miracles, the God of love, power, and might. Through Your redemptive plan, what Jesus did on the cross and in the pit of hell for us, we, Your people, are redeemed from the curse of the law. The law of the Spirit of life in Christ Jesus has made us free from the law of sin and death. We are seated with Christ in heavenly places far above all satanic forces.

So, we bring hurting people before Your throne of grace who have been attacked mercilessly—mentally and physically—by Satan and his cohorts. We intercede on behalf of them and their families and loved ones.

Satan, we speak to you and to the principalities, powers, rulers of the darkness of this world and wicked spirits in heavenly places, and we bind you and loose them from your assignments against these people in the mighty name of the Lord Jesus. You can no longer harass or hinder these people who have the opportunity this day to make Jesus their Lord and Savior. We bind doubt, unbelief, fear, tradition, discouragement, depression, and oppression from operating against the parents, children, and individuals involved.

Father, we pray for born-again, Spirit-filled people in positions of authority—administrators, teachers, doctors, nurses, orderlies, attendants, and volunteers. We pray that men and women of integrity, blameless and complete in Your sight, remain in these positions, but that the wicked be cut off and the treacherous be rooted out. Father, we pray for laborers of the harvest to go forth preaching the good news to the lost and to the body of Christ.

We pray that You quicken these people to Your Word—that they be filled with wisdom and revelation knowledge concerning the integrity of Your Word, speaking faith-filled words and doing faith-filled actions. We pray for the infilling of the Holy Spirit, divine health, the fruit of the recreated human spirit, the gifts of the Holy Spirit, and deliverance. May they know that Jesus is their Source of every consolation, comfort, and encouragement and that they are to be sanctified spirit, soul, and body. We confess that they are redeemed from the curse of the law—redeemed from every sickness, disease, malady, affliction, defect, deficiency, deformity, injury, and every demon.

We speak healing to unborn infants in the wombs of mothers for lo, children are a heritage of the Lord, and the fruit of the womb is His reward (Ps. 127:3).

Supplication: What Can We Meditate?

We speak restoration to damaged brain cells and activation of dormant brain cells. We speak normal intellect for one's age. We speak creative miracles to the parts of the body. We speak healing to all wounds. We speak words of life and say that they shall live in victory in this life and not die. We speak perfect soundness of mind and wholeness in body and spirit. We say that tongues are loosed, and speech is distinct. We say ears hear and eyes see in the name of Jesus. We say demons are cast out, bowing to the name of Jesus. We speak deliverance to bodies and minds, for You, Lord God, are the Help of their countenance and the Lifter of those bowed down—the joy of the Lord is their strength and stronghold!

We commission God's ministering spirits to go forth as they hearken to God's Word to provide the necessary help for and assistance to those for which we are praying!

Father, no word of Yours is void of the power that it takes to cause itself to come to pass! We establish Your Word on this earth, for it is already forever settled in heaven. Nothing is too hard or impossible for You. All things are possible to us who believe. We pray for more intercessors to stand with us. Let our prayers be set forth as incense before You—a sweet fragrance to You! Praise the Lord!

In the name of Jesus we pray, amen.

—Author Unknown