

WEEK 8 | FASTING AND TREASURES | MATTHEW 6:16-24

Inspection - "What does it say?"

What do hypocrites do to their faces when they fast?

What does God promise to those who fast in secret?

What do moths, rust, and thieves have in common?

According to verse 21, what does your heart follow when it comes to your life?

What is impossible to do when it comes to masters in our lives?

Observation - "What does it mean?"

Is it being hypocritical when we put on oil and wash our faces when fasting?

Are there things we do to impress people? How do we know where to draw the line?

In what ways do we store up treasures on earth compared to heaven?

Read verses 22-23. How would your life be different if you were unable to see physically?

How do you know who your master is in life?

Life Application - "What does it mean for me?"

Consider fasting weekly as a step forward in your spiritual development.

Consider your private walk with Jesus compared to your public appearance before others.

Increase your treasures in heaven this week.

Spend time this week with your eyes closed, considering your motives for following Jesus. Read the Book of James this week and identify practical ways to walk in the light of Jesus.

Meditation - "What does God say?"

Joel 2:12 Isaiah 58:6 Exodus 34:28 Nehemiah 1:4

Luke 12:33 1 Timothy 6:17-19 Colossians 2:3 James 5:3

Supplication: What Can We Meditate?

Give of Your Best to the Master

Give of your best to the Master
Give of the strength of your youth
Armed with the sword of salvation
Join in the battle for truth
Jesus has set the example
His Life for others He gave
Give Him your loyal devotion
Give Him the best that you have

Give of your best to the Master
Give Him first place in your heart
Give Him first place in your service
Fully surrender each part
Give and to you shall be given
God His beloved Son gave
Gratefully seeking to serve Him
Give Him the best that you have

Give of your best to the Master
Naught else is worthy His Love
He gave Himself for your ransom
Gave up His Glory above
Laid down His Life without murmur
You from sin's ruin to save
Give Him your heart's adoration
Give Him the best that you have

Give of your best to the Master; Give of the strength of your youth; Clad in salvation's full armor, Join in the battle for truth.

Howard B. Grose (1902)