



# PSALMS OF THE SAVIOR

## WEEK 2 | THE SUFFERING SERVANT | PSALM 22

### Inspection: What Does It Say?

What past events might come to mind for David in verse 4?

What three animals are mentioned in this chapter and why are there three?

Read verses 7-8. For what reason did the people mock and hurl insults?

What requests did David make of God in verses 19-21?

What future events do we find predicted in verses 27-28? Read Revelation 7:9.

### Observation: What Does It Mean?

Consider a time you have felt far from God. How did it change?

What does Psalm 22 teach us when we feel far from God?

How do we see the Holy Spirit show up in this psalm of David?

What are some practical action points that make verse 30 possible?

How does “fear of the Lord” and “praise of the Lord” go hand in hand?

### Life Application: What Does It Mean For Me?

Take three specific steps to draw closer to God this week.

Read Romans 8:18-39 and highlight all of God’s promises.

Make a list of the hard things in your life and pray for God to help you.

Make a praise list of all your many blessings and thank God for His faithfulness.

Read Matthew 27:32 and consider how Simon from Cyrene could apply to you.

### Meditation: What Does God Say?

Matthew 7:7

Hebrews 11:6

John 3:17

James 5:15-16

Isaiah 53:1-12

John 4:23

John 14:14

2 Timothy 3:15

## Supplication: What Can We Meditate?

### Let Everything Bless the Lord

Bless the Lord, all you works of the Lord.  
Praise and exalt Him above all forever.  
Angels of the Lord, bless the Lord.  
You heavens, bless the Lord.  
All you waters above the heavens, bless the Lord.  
All you hosts of the Lord, bless the Lord.  
Sun and moon, bless the Lord.  
Stars of heaven, bless the Lord.

Every shower and dew, bless the Lord.  
All you winds, bless the Lord.  
Fire and heat, bless the Lord.  
Cold and chill, bless the Lord.  
Dew and rain, bless the Lord.  
Frost and chill, bless the Lord.  
Ice and snow, bless the Lord.  
Nights and days, bless the Lord.  
Light and darkness, bless the Lord.  
Lightnings and clouds, bless the Lord.

Let the earth bless the Lord.  
Praise and exalt Him above all forever.  
Mountains and hills, bless the Lord.  
Everything growing from the earth, bless the Lord.  
You springs, bless the Lord.

Seas and rivers, bless the Lord.  
You dolphins and all water creatures, bless the Lord.  
All you birds of the air, bless the Lord.  
All you beasts, wild and tame, bless the Lord.  
You sons of men, bless the Lord.

Let us bless the Father, and the Son, and the Holy Spirit.  
Let us praise and exalt Him above all forever.  
Blessed are you, Lord, in the firmament of heaven.  
Praiseworthy and glorious and exalted above all forever.