



REAL HOPE

WEEK 2 | GOD OF HOPE | PSALM 42:1-11

Inspection: What Does It Say?

What lesson do we learn from the deer in verse 1?

What three geographic locations does David mention in verse 6? Why?

According to verse 8, what encouraged David in the night?

What do the foes of God say all day long in verse 10?

What phrase did David speak to his soul in verses 5 and 11?

Observation: What Does It Mean?

To what do you turn in times of being overwhelmed?

What is the role the “festive throng” plays in the life of the believers? Verse 4

David mentions the “heights of Hermon” and “Mount Mizar” in verse 6.

How do mountains affect us?

What is meant by “Deep calls to deep” in verse 7?

Have you ever felt God forgot you? How did those feelings change? Verse 9

Life Application: What Does It Mean For Me?

Consider what life circumstance are caused by your sin. Turn that over to God!

Go deeper in the pursuit of Biblical community.

Memorize verse 11 and remind yourself daily of God’s presence.

Plan a drive on the Blue Ridge Parkway and meet God there.

Consider how God’s creation demonstrates hope in its design.

Meditation: What Does God Say?

Colossians 1:23

Colossians 1:27

1 Thessalonians 1:3

2 Thessalonians 2:16

1 Timothy 6:17

Titus 2:13

Hebrews 6:19

1 Peter 1:3

Supplication: What Can We Meditate?

Little David

The battle's not mine, said little David, Lord it's Thine, I'm in Your favor,
I'm givin' it all to You, I knew not what to do.
I'm so glad You let me see that You're really all that I need, for the battles not mine
I give it to You, Lord, it's Thine.

Little David oh so small, Goliath oh so tall, odds were just too high for Little David.
So he shook of all of his load with the power of God he was clothed,
He said the battles not mine I give it to You, Lord, it's Thine.

The battles not mine, said Little David, Lord it's Thine, I'm in Your favor,
I'm givin' it all to You, I knew not what to do.
I'm so glad You let me see You're really all that I need.
For the battles not mine, I give it to You, Lord, it's Thine.

Now Little David unafraid, before the giant he stood that day,
Seems to be the end for Little David, just like the lion and the bear he slew,
Oh Goliath shall come down, too,
For the battles not mine, I give it to You, Lord, it's Thine.

Now Little David he stood tall now, Goliath seemed so small,
Sweet victory had reigned for Little David, cause he gave the battle
To One with the record for getting things done,
He said the battles not mine, I give it to You, Lord, it's Thine.

The battles not mine, said Little David, Lord it's Thine I'm in Your favor,
I'm givin' it all to You, I knew not what to do.
I'm so glad You let me see You're really all that I need.
For the battles not mine, I give it to You, Lord, it's Thine.

The battles not mine, no the battles not mine
I give it to You... Lord, it's Thine!

By The Freemans

As the Philistine moved closer to attack him, David ran quickly toward the battle line to meet him. Reaching into his bag and taking out a stone, he slung it and struck the Philistine on the forehead. The stone sank into his forehead, and he fell face down on the ground.

So, David triumphed over the Philistine with a sling and a stone; without a sword in his hand, he struck down the Philistine and killed him.

David ran and stood over him. He took hold of the Philistine's sword and drew it from the sheath. After he killed him, he cut off his head with the sword.

1 Samuel 17: 48-51