

WORTH IT

THE CROSS

Week 1 - Mark 15:1-39



INSPECTION - "WHAT DOES IT SAY?"

How did Jesus respond to Pilate's question in verse 2? Why ask this question?

What did Jesus say in verse 34? What did it reveal about Jesus' feelings?

What happened in verse 38? What was the meaning? Read Hebrews 10:19-22.

What changed the mind and heart of the centurion in verse 39?

What does 1 Corinthians 1:22-25 say about the cross? How do you see that in Mark 15?

OBSERVATION - "WHAT DOES IT MEAN?"

What kind of person was Barabbas according to verse 7? What does this say about the crowd?

Consider how verse 21 applies to you. Compare Jesus' words in Matthew 16:24-27.

How was verse 29 fulfilled despite the disbelief of Jesus' words. Compare John 2:19.

Why do you think darkness came over the whole land in verse 33?

What was happening when Jesus cried out in verse 34?

LIFE APPLICATION - "WHAT DOES IT MEAN FOR ME?"

Write a paragraph on what the cross of Jesus means to you.

Read Galatians 6:14. Consider how you can demonstrate this truth daily.

Read Psalm 22 with the crucifixion in mind.

How does this passage help you to love, trust, and forgive more fully?

Ask God to lead you to someone who is lonely. Show the encouragement of Jesus.

MEDITATION – “WHAT DOES GOD SAY?”

1 Corinthians 1:18

Luke 14:27

Philippians 2:8

1 Peter 2:24

Colossians 2:14

2 Corinthians 13:4

Romans 6:8

Galatians 3:13

SUPPLICATION – “WHAT CAN WE MEDITATE?”

“Heavenly Father,
I thank You for this cross You’ve allowed me to carry.
Please give me the strength and faith
to persevere so that I may bring glory to Your Name,
all while withstanding the burden of its weight.
Thank You for offering me a share in Your suffering.
I know You have always been, are now, and ever will be,
at my side every step of the way.
Thank You also for every “Simon” You have sent
to help me bear this cross.
I’ve prayed so often that this thorn in my flesh
would be removed,
but I trust that Your grace is sufficient.
Change my heart’s troubled cry of:
“How long Lord?”
into words of trust:
“However long, O Lord.”
May I seek only to do Your will,
and to unite my sufferings with Your passion.
Help me to not get lost in my own self-concerns,
but that I may find in these trials
a way to greater virtue,
a call to prayer,
and a path to trust in You alone.
Permit me not to waste my pain,
but to make of all these struggles
a sacrificial offering for others, Lord;
when I am weary and I fall,
exhausted under the weight of this cross,
please give me the courage to press on as You did.
Lord Jesus, I embrace with love my cross,
as a share in Your own.
By Your grace, may I carry it all the way
to the vision of Your glory.
I abandon myself totally to Your will.
Christ Jesus, I trust in You.
Amen.”