



Week Four: February 28, 2021

Shine Like Stars

Philippians 4:8

Thinking

INSPECTION WHAT DOES IT SAY?

How is verse 8 connected to verse 2 in chapter 4?
What did Jesus say about “truth” in John 18:37?
What was Pilate’s response?
What makes something “noble or honorable” in our lives?
How is it possible to have admirable actions and unadmirable thoughts?
Why is it necessary to “think about such things” as we think?

LIFE APPLICATION WHAT DOES IT MEAN FOR ME?

Memorize verse 8 and make it a life verse.
List the eight areas of thinking that Paul highlights and consider the opposing thought for each.
Identify which of the eight thinking habits is hardest for you to overcome. Pray about it.
Connect each of the eight areas of thinking to an action point from the life of Jesus.
Make everything you watch, listen, read, say, and act pass the “pure” test.

OBSERVATION WHAT DOES IT MEAN?

How does having absolute truth produce peace of mind?
Why is gauging our holiness on what others do misleading?
Why is it false to say all religions lead to God?
What does “think about such things” as suggested by Paul mean?
How do pure thoughts impact our actions?

MEDITATION WHAT DOES GOD SAY?

Deuteronomy 30:19
Romans 12:2
2 Corinthians 10:5
Proverbs 23:7
Ephesians 4:22-32
Colossians 3:2-5
Matthew 15:8-9

SUPPLICATION WHAT WE CAN MEDITATE

O be careful little eyes what you see.
O be careful little ears what you hear.
O be careful little tongue what you say.
O be careful little hands what you do.
O be careful little feet where you go.
O be careful little heart whom you trust.
O be careful little mind what you think.
For the Father up above is looking down in love,
So, be careful little mind what you think.
(Author Unknown)