



July 21, 2024
“Matthew 6:16-24”
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Jesus’ Sermon on the Mount is not just **incredible** teaching – it is a **LOT** of incredible teaching.

Today’s section covers a **number of topics**.

Matthew 6:16-24

“When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting. Truly I tell you, they have received their reward in full. But when you fast, put oil on your head and wash your face, so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you.

“Do not store up for yourselves treasures on earth, where moths and vermin destroy, and where thieves break in and steal. But store up for yourselves treasures in heaven, where moths and vermin do not destroy, and where thieves do not break in and steal. For where your treasure is, there your heart will be also.

“The eye is the lamp of the body. If your eyes are healthy, your whole body will be full of light. But if your eyes are unhealthy, your whole body will be full of darkness. If then the light within you is darkness, how great is that darkness!

“No one can serve two masters. Either you will hate the one and love the other, or you will be devoted to the one and despise the other. You cannot serve both God and money.”

All of these topics boil down to one: **focus**.

Jesus says ...

- Our focus should be on **heavenly matters**.
- Our focus comes into view **with discipline**.
- Our focus is confronted by **many distractions**.

Our theme verse for this entire year of Jesus is **Hebrews 12:1-2**.

Hebrews 12:1-2

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith.

This week, I will _____.